

Blue Raven's News



September 2009

Blue Raven Books and Gifts

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Back in Stock:

*Mortar & Pestles,
Dragon's Blood Incense,
Herbal Soaps, Wood Boxes,
Pendulums,
Book of Shadows*

*New at Blue Raven:
Athames, Chalices,
Altar Bells, Oak
Runes*

What's New?

There are Great Things happening at Blue Raven. We will be attending the 2nd Annual Lansing Pagan Pride Event to be held on Saturday, September 19, 2009 from 10am-6pm at The Unitarian Universalist Church Grounds, 855 Grove Street, East Lansing. Please join us in supporting the event. If you are interested in being a volunteer or a vendor please contact Angela at Blue Raven.



Available Readers

Bradley Moore: A spiritualist Minister/Universal Progressive Metaphysician. He was ordained at Camp Chesterfield in Chesterfield, IN in 1999. For the past 20 years, he has worked in churches, at fairs and events in the United States and Canada. He is a Clairvoyant Medium, Chaldean Numerologist, Palmist, Reiki Teacher/Practitioner and Lecturer.

CeCe Foster: Some of the areas of interest to me that I hope to share with you in the form of class instruction are: Tarot Instruction; candle magic; guided meditation; past lives, geneology, and Genograms; and dream interpretation.

Colleen Lemma: Colleen Lemma has been a Spiritual Consultant in the metaphysical field since 1995. She became an ordained minister in the Order of Melchizedek in 1996 and a Reiki Master Practitioner in 2000. In 2001 she graduated from the Institute for Transformational Hypnotherapy becoming a Certified Hypnotherapist, and in 2005 she became a Certified Master of Crystology in the Melody Teachings. Services Offered Include: Astrological Birth Chart Reading, Relationship Reading, Yearly Forecast Reading, Numerology Chart Reading, Tarot Card Reading, Hypnotherapy, Past Life Regression, Reiki Energy Work, Crystal Energy Work.

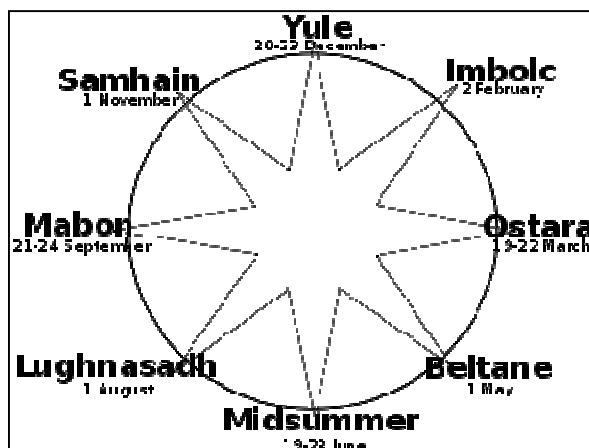
Frank Graham: Frank was ordained at the Metaphysical Church of Christ. He has done extensive research on Angelology, the Elements, Humours of the body, Magical theory and philosophy, Magical geometry, Practical magic application, demonology, ancient mythology, and the Hermetica. He is a current student of The Lansing Center of Astrological Studies, and Original Okinawan Karate Dojo, under the tutelage of sensei Iha. Frank is also certified a master crystallogist through Melodies crystal healing course. He lectures on the elements, the humours of the body for energy healing, the angelic hierarchies and the seven heavens of ancient Judaism and Christianity, the kabbalah and Agrippa's "Three Books of occult Philosophy". The current classes being offered are: Fundamentals for visualization; The angelic hierarchies and the seven heavens; The first book of Agrippa's "Three Books of Occult Philosophy".

Kathy Cadwell: Kathy has been a student of metaphysics and holistic health for over 25 years. Ordained minister, certified hypnotherapist, certified yoga instructor, NADA Detox Acupuncturist, Reiki Master. She offers classes in yoga, Reiki, and other subjects related to personal and spiritual development. Kathy is available for personal or family readings regarding life path and relationships. These sessions are intuited with the runes and tarot cards as well as psychic impressions. Hypnotherapy is used to facilitate physical, emotional and spiritual wellbeing by bringing cooperation between the conscious, subconscious, and higher self. Past lives are sometimes explored to bring about understanding of current life conditions. Reiki and body energy sessions support healing and relaxation. These sessions allow the body to move toward healing in a profound and peaceful way. These techniques are often combined according to the needs of the individual.

Sabrina DeVaney: I am a Christian. My faith lies in the Holy Trinity - Heavenly Father, Christ Jesus, Holy Spirit. I always enter my work by putting the Holy Trinity at the head of it because even the dark can come appearing as the Light. Many people refer to me as a Christian Mystic. I might refer to God, Christ, Holy Spirit when speaking or working with clients and students, thus if you are someone who is uncomfortable with this, I am likely not the practitioner / teacher for you. I have been working with energy-based healing modalities for over 20 years and have earned over 20 certifications. I employ only those techniques which I have learned well and have put into successful practice for over a year.

What is Mabon?

The morning air is cool and crisp, and the leaves are beginning to turn shades of red, orange, yellow and brown. To some it signifies that they will have to start going outside on a regular basis to rake the leaves from their lawns, but to others – neopagans, witches, wiccans, etc., it is a time of celebration as the fall season brings with it the holiday commonly referred to as Mabon. Mabon is also known by several other names, including: Harvest Home, Harvest End, The Feast of the Ingathering; Autumn Equinox, and Thanks giving. It happens to fall on the Autumn Equinox, and is celebrated on either September 21, 22 or 23, unless you are in the southern hemisphere, where it is celebrated in March. Mabon is one of the eight Sabbats, and is the second in a series of three Harvest Festivals; the first being Lammas (or Lughnasadh) on August 1, and the last being Samhain on October 31. It marks the beginning of Fall, as well as the beginning of the God's descent into the underworld for his brief respite before being reborn in the Spring. It also marks the day where there are equal hours of daylight and darkness, which signifies the onset of shorter days and longer nights. Celebration really depends on your traditions. For those who work in groups, a circle is usually cast and the God and Goddess called upon in order to thank them for the fruits of the harvest. Typically an offering of food is made to the Gods, which is followed by a feast. This is also a good time to perform ritual work for protection, prosperity, security and self-confidence.



Traditional Mabon Apple Bread Pudding

Ingredients:

- 1/3 cup raisins (about 3 oz)
- 1 oz. apple brandy
- 1 cup brown sugar, packed
- 3/4 cup water
- 1/2 tsp. cinnamon
- 2 large apples, peeled, cored, and cut in pieces
- 5 slices French bread, crusts removed
- 4 eggs, beaten
- 1 tsp. vanilla
- 3 Tbs. melted butter
- 1 Tbs. cinnamon sugar

Method:

Preheat oven to 350° F. Soak the raisins in apple brandy for 15 minutes. Bring water and sugar to a boil in medium saucepan. Add cinnamon and apples and simmer 5 minutes. Remove from heat and cool to "warm." Cut the bread into small cubes and place in a bowl. Add eggs, vanilla, raisins, and cooled apple mixture. Toss to coat the bread. Coat a deep dish 9 or 10 inch pie pan with melted butter. Add the apple mixture and drizzle remaining butter on top. Sprinkle with cinnamon sugar. Bake 10 minutes at 350° F. Turn the oven down to 325F and bake 35 to 40 minutes or until set. Cut into wedges and serve warm with whipped topping.

Virgo About Your Sign...

Virgo is the only zodiacal sign represented by a female. It is sometimes thought of as a potentially creative girl, delicately lovely; sometimes as a somewhat older woman, intelligent but rather pedantic and spinsterish. The latter impression is sometimes confirmed by the Virgoan preciseness, refinement, fastidious love of cleanliness, hygiene and good order, conventionality and aristocratic attitude of reserve. They are usually observant, shrewd, critically inclined, judicious, patient, practical supporters of the *status quo*, and tend toward conservatism in all departments of life. On the surface they are emotionally cold, and sometimes this goes deeper, for their habit of suppressing their natural kindness may in the end cause it to atrophy, with the result that they shrink from committing themselves to friendship, make few relationships, and those they do make they are careful to keep superficial. But the outward lack of feeling may, in some individuals born under this sign, conceal too much emotion, to which they are afraid of giving way because they do not trust others, nor do they have confidence in themselves and their judgments. This is because they are conscious of certain shortcomings in themselves of worldliness, of practicality, of sophistication and of outgoingness. So they bring the art of self concealment to a high pitch, hiding their apprehensiveness about themselves and their often considerable sympathy with other people under a mantle of matter-of-factness and undemonstrative, quiet reserve. They are still waters that run deep. Yet in their unassuming, outwardly cheerful and agreeable fashion, they can be sensible, discreet, well spoken, wise and witty, with a good understanding of other people's problems which they can tackle with a practicality not always evident in their own personal relationships. Both sexes have considerable charm and dignity, which make some male Virgoans appear effeminate when they are not. In marriage they can be genuinely affectionate, making good spouses and parents, but their love making is a perfection of technique rather than the expression of desire, and they must be careful not to mate with a partner whose sex drive requires a passion they cannot match. They are intellectually enquiring, methodical and logical, studious and teachable. They combine mental ingenuity with the ability to produce a clear analysis of the most complicated problems. They have an excellent eye for detail but they may be so meticulous that they neglect larger issues. Also, although they are realists, they may slow down projects by being too exact. They are practical with their hands, good technicians and have genuine inventive talents, Thoroughness, hard work and conscientiousness are their hallmarks, and they are such perfectionists that, if things go wrong, they are easily discouraged. Because of their ability to see every angle of a many-sided question, they are unhappy with abstract theorizing. Appreciating the many different points of view as they do, they find philosophical concepts difficult, and they vacillate and have no confidence in any conclusions at which they arrive. With these qualities, they are better as subordinates than leaders. Responsibility irks them and they often lack the breadth of strategic vision that a leader needs. Virgoans are essentially tacticians, admirable in the attainment of limited objectives. Their self distrust is something they project on to other people and tends to make them exacting employers though in the demands they make on those under them they temper this attitude with justice. They have potential abilities in the arts, sciences and languages. Language especially they use correctly, clearly, consciously and formally, as grammarians and etymologists rather than for literary interests, yet they are likely to have a good memory for apt quotations. Although they are well suited for careers in machine drawing, surveying and similar occupations, they are better fitted for a job in a library or office than a workshop. Their minds are such that they need the stimulus of practical problems to be solved rather than the mere routine or working to set specifications that need no thought. They are careful with money and their interest in statistics makes them excellent bookkeepers and accountants. They also make good editors, physicists and analytical chemists. They may also find success as welfare workers, ministering to those less fortunate than themselves. They can be doctors, nurses, psychologists, teachers, confidential secretaries, technologists, inspectors, musicians, critics, public speakers and writers especially of reference works such as dictionaries and encyclopedias. Both sexes have a deep interest in history, a feature recognized by astrological authorities for at least two hundred years. If they go in for a business career their shrewdness and analytical ingenuity could tempt them into dishonesty, though they usually have enough moral sense to resist temptation.

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Books and Gifts

Store Hours

Monday thru Saturday

10:00am to 10:00pm

Sunday 10:00 am to 6:00 pm

Phone: 517-507-5051

Email:

Store@blueravenimports.com

Website:

www.Blueravenimports.com

Virgo About Your Sign...

Female Virgoans may find a career in fashion, for they have a flair for dress, in which they can be trend setters. In any profession they choose the natives of this sign readily assimilate new ideas, but always with caution, conserving what they consider worth keeping from the past. They love country life but are unlikely to make good farmers, unless they can contrive to carry out their work without outraging their sense of hygiene and cleanliness. Their faults, as is usual with all zodiacal types, are the extremes of their virtues. Fastidious reticence and modesty become old-maidishness and persnickiness; balanced criticism becomes carping and nagging; and concern for detail becomes overspecialization. Virgoans are liable to indecision in wider issues and this can become chronic, turning molehills of minor difficulties into Himalayas of crisis. Their prudence can become guile and their carefulness, turned in on themselves, can produce worriers and hypochondriacs.

Possible Health Concerns.....Virgo is said to govern the hands, abdomen, intestines, spleen and central nervous system. Illnesses to which its natives are prone include catarrh, cold, coughs, pleurisies, pneumonia and nervous instabilities. Their natures make them inclined to worry and this makes them vulnerable to stomach and bowel troubles, including colic and ulcers. Male Virgoans may have trouble with their sexual organs. Both sexes are strongly interested in drugs and esoteric cuisine and as their delicate stomachs require them to be careful about their diet, it is essential that they treat their fascination with exotic food with extreme care.

Your Ruling Planet is Mercury



The color of choice for Virgo is Green & Brown

Your starstone is the Sardonyx



Special Bonus: Herblore

Benzoin Gum: Connected to the Sun and the element of air, Benzoin is used for purification and to attract abundance.

Traditional Uses: For purification, burn alone or add to other purifying herbs such as sage, frankincense and myrrh.

Combine with cinnamon and basil and burn on charcoal to attract customers to your business.

To attract abundance: combine with other prosperity herbs (such as Cedar, Irish Moss, Mint, High John, Sassafras, etc.) and place in a green pouch inscribed with this rune:





CURRENT CLASS OFFERINGS



Wednesday, September 2, 9,16, 23, 30, 2009 - Fundamentals for Visualization - \$10.00/Week.

This class offers training for both the novice and advanced practitioners. Each week focuses on new progressive exercises for the development of controlled visualization. When finished, you will have the control necessary to greatly improve any path you may take. These strengthen your mind for study, meditation, journeying, prayer, energy work, ritual, ceremony, etc... This is an on-going class, you do not have to attend all classes. \$10.00/Week or \$100/12 Weeks.



Sunday, September 13, 2009 - Moon Ceremony - 2:30-4:30pm - \$Love Donation-

Each person has a moon sign, learn how yours is effected by the different phases of the moon. What energies are coming in to work with you, what is the history of this time and how do you relate? This astrologically based information is brought into user friendly format with prayers, thanksgiving and manifestation tools with the new and full moons. Bring in the new into your life during the new moon and let go of the old with the full moon. If you have your chart bring it with you and learn how the Moon effects it.



Monday, September 14, 28, 2009 - Harry Potter Discussion Group - 6:00-7:00pm. - \$3.00/session - Meets every 2 weeks -

Are you a Harry Potter fanatic who would love to re-read the Harry Potter books and discuss them with other Harry Potter enthusiasts? Or, have you heard a lot about the Harry Potter book series, but you have not quite gotten around to reading them yet? If you answered yes to either question, then please join Paige Graham in looking at and rethinking specific situations in the books, analyzing and deconstructing characters and events, and relating the books to other books and historical events. This group is open to all age groups, and please bring a copy of your book.



Sunday, September 20, 2009 - Troubled Children/Gifted Children - 1:30-4:30pm - \$45.00

Many of our children and teenagers today are being labeled as ADD and ADHD and many are also being diagnosed with food and chemical sensitivities. They may be having difficulty in school or experiencing some challenges with authority figures in their life. On the other hand they show signs of being very intelligent, gifted individuals with special talents and skills. This lecture will attempt to answer, from a spiritual perspective, some of the questions that parents and teachers have regarding the younger generation of today.

More Classes to be offered soon. Please check our website often for an updated class listing.