

Blue Raven's News



July 2009

Blue Raven Books and Gifts

What New?

There are Great Things happening at Blue Raven. We are pleased to welcome:
Colleen Lemma and Frank Graham.

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Colleen Lemma, CHt., has been an active member in the metaphysical field since 1995. She took her first astrology class in 1996 and was soon teaching for the Learning Center for Astrological Studies and doing professional consultations by the year 1999. Colleen became an ordained minister in the order of Melchizedek in 1996 and began her spiritual journey as a healing consultant. In the year 2000 she became a Reiki Master Practitioner, and in 2001 she became a certified Hypnotherapist. In 2005 she became a certified crystallogist in the Melody teachings. She has an active practice but insists that each person is his/her own healer and she is just a facilitator or conduit for that healing energy to occur. Colleen lectures, teaches classes and holds workshops on a variety of topics including astrology, numerology, crystals, Reiki, soul mates, past lives and karma. She is available for Astrology readings by appointment.

Frank Graham was ordained at the Metaphysical Church of Christ. He has done extensive research on Angelology, the Elements, Humours of the body, Magical theory and philosophy, Magical geometry, Practical magic application, demonology, ancient mythology, and the Hermetica. He is a current student of The Lansing Center of Astrological Studies, and Original Okinawan Karate Dojo, under the tutelage of sensei Iha. Frank is also certified a master crystallogist through Melodies crystal healing course. He lectures on the elements, the humours of the body for energy healing, the angelic hierarchies and the seven heavens of ancient Judaism and Christianity, the kabbalah and Agrippa's "Three Books of occult Philosophy".

Upcoming Classes

July 14th - 20,000 Reiki Flavors

July 18th - Moon Ceremony

July 19th - Drum Circle

July 22nd - Fundamentals for Visualization

What are Runes?

Runes are ancient alphabetical signs that come to us from Viking times. Each of these signs is a symbol that represents a concept. These twenty four symbols were commonly carved into stone. Unlike our A,B,C's, rune symbols are not just put together to form words and sounds. Each rune symbolizes a different idea, usually related to nature or everyday life in ancient times. For example, one rune symbol looks like the horns of cattle and represents wealth, because in ancient times if you owned a herd, you were wealthy. There are versions of the runes from different ancient cultures, including the Anglo-Saxon, Northumbrian, The Younger Futhark and The Elder Futhark. The Elder Futhark, the most widely studied and commonly used runes, date back to the Vikings. In Viking times, runes were used as the voice of an Oracle, providing insight into the present and future. When you get a rune stone reading, your reading will be based on traditional symbols, using modern interpretation. Runes can be made of stone, clay or wood or in mass produced sets, resin (which looks like stone). An Elder Futhark rune set usually contains twenty four pieces, each with an engraved symbol, and a modern addition, the blank rune. The purpose of the runes is to guide you to connect with your subconscious. When consulting the rune stones, instead of asking a question, you present a situation. Rather than asking "Should I marry a certain person?" you say "I ask for guidance about my relationship with this person." Presenting situations, rather than questions provides insights to find your own answers. A rune stone reading helps you understand and gain insight into your life decisions. To do a simple three rune reading on your own, place all the stones into a bag or other container. Present your situation, either aloud or in your mind. Then, reach into the container without looking at the contents. Remove and lay out three stones, one at a time. The first rune refers to an overview of the situation, the middle rune is your challenge, and the third rune is your action. To get further guidance, this process can be repeated.



☞ Fehu (f)	⚡ Hagalaz (h)	↑ Teiwaz (t)
∩ Uruz (u)	⚡ Nauthiz (n)	⚡ Berkana (b)
▷ Thurisaz (th)	Isa (i)	⚡ Ehwaz (e)
⚡ Ansuz (a)	⚡ Jera (j, y)	⚡ Mannaz (m)
⚡ Raido (r)	⚡ Eihwaz (e)	⚡ Laguz (l)
< Kenaz (k)	⚡ Perthro (p)	◇ Inguz (ng)
⚡ Gebo (g)	⚡ Algiz (z)	⚡ Othila (o)
⚡ Wunjo (w,v)	⚡ Sowulo (s)	⚡ Dagaz (d)

The Elder Futhark -- Reference: Freya Aswynn.
(Usual representations, Germanic names & (phonetic values)



Cancer About Your Sign...

The Cancerian character is the least clear-cut of all those associated with the signs of the zodiac. It can range from the timid, dull, shy and withdrawn to the most brilliant, and famous Cancerians are to be found through the whole range of human activity. It is a fundamentally conservative and home-loving nature, appreciating the nest like quality of a secure base to which the male can retire when he needs a respite from the stresses of life, and in which the Cancerian woman can exercise her strong maternal instincts. The latter tends to like and to have a large family. 'Nest like' is an appropriate adjective for the Cancerian home, for its inhabitants tend to favor the dark, mysterious but comfortable type of house which has something of the air of a den about it, a place which belongs to the family rather than existing as a showcase to impress visitors. That is not to say that the Cancerian is unsociable, just that for them there is a time to socialize and a time to be solitary, and this is part of the apparent contradiction in their nature. Outwardly they can appear formidable - thick-skinned, unemotional, uncompromising, obstinately tenacious, purposeful, energetic, shrewd, intuitive and wise, sometimes with a philosophical profundity of thought verging on inspiration. Their intimates, however, may see a very different character, one with a sympathetic and kindly sensitivity to other people, especially those they love. They are able to identify with the situations of others because of the keenness of their imaginations. They are often over-imaginative and prone to fantasy, sometimes trying to shape their lives to fit some romantic ideal. They are appreciative of art and literature, and especially of drama, where the spectacle and ebb and flow of action and feeling particularly excite them. They may themselves possess considerable literary, artistic or oratorical talent. Their sharp ears and talent for mimicry can sometimes give them success on the stage, though their tendency to be emotional may make them overact. Interestingly - because they give the impression of being down-to-earth - they are often fascinated by the occult and are more open to psychic influence than the average. If they can reconcile the personal conflict of their urge to be outgoing with the reserve that causes them to withdraw into themselves, then at best they can inspire a generation, especially the youthful part of it, by their idealism. A job in which they can express this, and in which they can do well, would be as a leader in a youth organization. In their personal relationships they are mentally a mixture of toughness and softness, often emotional and romantic to the point of sentimentality in their fantasies; but in real life and in marriage, their loving is not so sentimental but tenaciously loyal. Even if they have affairs (and they may do so, for the male in particular is open to sensual stimulation), their first loyalty remains to spouse and family, of whom they regard themselves as the protector. Both the Cancerian man and woman love unreservedly, giving much and asking little in return - in fact, one of the most important lessons they have to learn is how to receive gracefully. They are too easily influenced by those they love and admire, and swayed by the emotion of the moment. They are also loyal friends, the negative side of their faithfulness being clannishness, the narrow patriotism of "my country right or wrong"; and closing ranks in suspicion and coldness toward outsiders. Cancerians have a retentive memory, particularly for emotionally laden events which they can recall in detail for years afterwards. They are strongly governed by childhood memories and since they live intensely in the past in memory and in the future in imagination, a chance meeting with someone for whom they had an unrequited love, even if they thought they had conquered the feeling, will easily rouse the emotion all over again. The Cancerian has many potential faults. They can be untidy, sulky, devious, moody, inclined to self-pity because of an inferiority complex, brood on insults (very often imagined), yet are easily flattered. They can be tactless and difficult yet, because they are normally ambitious, they will curry favor by floating with majority opinions, outlooks and fashions of the day. As a result they often change their opinions and loyalties and, indeed, their occupations, and lack stability. They are easily corrupted and, because they are convincing romanticizers, can make successful confidence tricksters. Their romanticism in another sense make them ardent supporters of causes, for example a football team with whose heroes they can identify in a world of fantasy. Their abilities fit the Cancerian for a wide range of occupations. As they are interested in what people are thinking and able to judge what they can safely be told, they can be good journalists, writers or politicians, though in this last capacity they are more likely to remain in the background rather than attain prominent positions of power. They may, indeed, change their party affiliations. They can serve in other departments of public affairs, especially those

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Books and Gifts

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Email:

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Website:

www.Blueravenimports.com



Cancer About Your Sign...

which involve looking after others, for example in any kind of service from welfare and nursing to catering - their own love of comfort and good living makes the Cancerian an excellent chef or housekeeper. They sometimes have a penchant for trade or business and are often successful as a captain of industry. This is because they are excellent organizers with a good sense of value and economy which they may combine with a flair for inventiveness and originality. The romantic side of their natures make them enjoy grubbing about in places where exciting discoveries may be made (old stamp collections in attics, etc.), and if they can do this professionally as a secondhand dealer or specialist in antiques, they will be happy. More common occupations which suit some subjects of Cancer are real estate broker, gardener and sailor.

Possible Health Concerns.....Cancer governs the chest, breasts, elbows, stomach and digestion, womb and female reproductive organs. Cancer, which can affect any part of the body, is sometimes said to have taken its name from this sign, which can therefore afflict its subjects with imperfections anywhere. This is incorrect, however, the derivation of cancer being the Latin cancer meaning gangrene as well as crab. nevertheless, Cancerians are said to be liable to breast cancer and to suffer from pleurisy, dropsy, piles and varicose veins. The excitability mentioned above can lead to weak digestion, gastritis and other stomach ills, and there is a tendency to coughs and weakness of vision.

Your Ruling Planet is the Moon


The color of choice for Cancer is the color of the Moon: Silver

Your starstone is the Pearl



Special Bonus: Herblore

Agrimony: Connected to the planet Jupiter and the element of air, Agrimony has the unique ability to assist the user in releasing fear. It is also used in protection.

Traditional Uses: Sew into a white cloth inscribed with the following rune:  and carry to deflect negativity.

To release fears: carry in a charm bag alone or with Angelica (Or other appropriate herb). Burn on charcoal to remove negativity and fear vibrations from any location.

To release your fear(s) conscious or unconscious, burn on charcoal or make into tea and add a small amount to your ritual bath.